



Sunday Activity
Pages

March 6, 2022
First Sunday of Lent

1

Gospel

Gospel – Adapted from Luke 4:1-13

Jesus, filled with the Holy Spirit, returned from the Jordan and was led by the Spirit into the wilderness for forty days, to be tempted by the devil. Jesus did not eat during that time, and when it was over, he was hungry. The devil said to him, “If you are the Son of God, command this stone to become bread.” Jesus answered, “The Scripture says, *A person does not live only on bread.*”

Then the devil showed Jesus all the kingdoms of the world and said to him, “I will give you all this power and glory, for it has been given to me to give to whomever I wish. All of it will be yours, if you worship me.” Jesus answered him, “The Scripture says, *You shall worship the Lord, your God, and only he shall you serve.*”

Then the devil led him to Jerusalem, took him to the top of the temple, and said to him, “If you are the Son of God, jump down from here, for the Scripture says: *He will command his angels to guard you. They will support you with their hands, so you do not fall onto the stones.*” Jesus answered him, “It also says, *Do not test the Lord, your God.*” When the devil had finished every temptation, he left him for a time.

2

Reflection

The Letter to the Hebrews in the Bible tells us that Jesus became like us in all things, except that He never sinned. Jesus is God, but when He became a man, He accepted everything that comes with that, including temptations. But He never sinned. In today's Gospel passage, the devil tempts Jesus to sin. He does so in the same way he tempts us. Jesus is tempted to use His power as God to satisfy a physical desire, namely, to eat. He is tempted to greed, receiving all the power and riches of the world, if only He will worship the devil. And He is tempted to pride, by testing His Father and demonstrating to the people below His powers and God's protection of Him in a show-off type of display.

Each time Jesus resists the temptation, and refuses to sin, until finally the devil leaves Him. Today is the first Sunday of Lent. It is a time when we reflect on our lives, and on the temptations that challenge us. We should be thinking about when we fail to resist, and give in to sin. This season of Lent should be a time when we show God that we are sorry for our sins and ask for the help to be more like Jesus in today's Gospel – ready to resist temptation and refuse to sin.

3

Discussion Questions

What temptations are the hardest to resist?

What can we do this Lent to grow stronger, so we will be able to resist temptation better?

4

Vocabulary

- **Fasting** – When someone gives up something, particularly food. Jesus fasted in today's Gospel, and Lent is a season in which we fast.
- **Pride** – A desire to be better than others, to receive praise from others, and to do what we want, even when it is against what God wants.
- **Temptation** – A desire for something sinful. Temptation makes us have a desire for some sin, but it is not sinful. It only becomes sin if we give in to temptation.
- **Sin** – Anything we do that is against God's law. When we sin, we turn away from God.

5

Fill in the Blank

- 1) When Joey saw the new toy that he couldn't afford, he had the _____ to just take it.
- 2) It is a _____ to lie to our parents.
- 3) The sin of _____ causes people to always put themselves first, ahead of others and even ahead of God.
- 4) Sometimes during Lent I get hungry, because of the _____ that I do.

- 1) How many times did Jesus sin when the devil tempted Him?
 - A) One
 - B) Two
 - C) Three
 - D) None

- 2) What did Jesus quote, to respond to the devil's temptations?
 - A) The Scripture
 - B) The Declaration of Independence
 - C) Songs from Church
 - D) Abraham Lincoln

- 3) Jesus was promised all the kingdoms of the world if He would worship whom?
 - A) God
 - B) Mary
 - C) The angels
 - D) The devil

March 6 First Sunday of Lent

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FASTING
 LENT
 PRIDE
 SCRIPTURE
 SIN
 TEMPTATION





Fill in the Blank

- 1) Temptation
- 2) Sin
- 3) Pride
- 4) Fasting

Quiz:

- 1) D – None
- 2) A – The Scripture
- 3) D – The devil