

**RELATED SCRIPTURE  
PASSAGES:****Covetousness  
and Greed:**

Psalms 10:3;  
 Hebrews 13:5;  
 Ephesians 5:3;  
 1 Timothy 6:9-10;  
 2 Timothy 3:1-2

**Contentment:**

Matthew 6:25-26; 32-33;  
 Philippians 4:12-13;  
 Hebrews 13:5;  
 1 Timothy 6:6-7

**RELATED CATECHISM OF THE  
CATHOLIC CHURCH REFERENCES:**

**Coveting:**  
 2535-2538

**Envy:**  
 2539-2540

**RELATED YOUCAT  
REFERENCES:**

**The 10<sup>th</sup> Commandment:**  
 465-468

# Covet

**SYNOPSIS**

Follow three people who struggle with being content and come to resolution through the realization of their inherent worth and God-given blessings.

**SUGGESTED USES FOR THIS VIDEO**

† This film can be used to address struggles such as self-image, selfishness, ingratitude and discontentment. It can also be used in connection with a study of the beatitudes or the fruits of the spirit, or as part of an examination of conscience.

**QUESTIONS FOR DISCUSSION**

1. Which person do you identify with the most? Why?
2. The first woman confessed that it seemed simple to be happy to be herself, but somehow it wasn't and she doesn't know why. Can you relate to that? Why do you think it's hard to be happy to be you?
3. How often do you compare yourself to someone else? Why do you do that?
4. How does it influence your choices? Your mood? Your relationships?
5. The man confessed that he is always looking for something better. Nothing is good enough. Can you relate to that? In what way?
6. What do you think causes us to always be searching for the next best thing?
7. When you get the next best thing, are you satisfied?
8. How often do you compare what you have with what others have?
9. How does it influence your choices? Your mood? Your relationships?
10. The second young woman confesses that she doesn't actively look to be discontent, but that the feeling sneaks up on her. Can you relate to that?
11. She says that so much around us is meant to make us feel like we're lacking something. Do you agree? Can you give an example of this?
12. Have you ever tried to ignore the feelings and be happy? What happens?
13. She says it seems like being discontent is saying thanks but no thanks to God. "I'll find something better than what you've blessed me with." Do you agree? Why or why not?