

JUDGMENTAL MOOSE (CONTINUED)

Episode 1: Sloth

EPISODE SYNOPSIS

See Richard. Richard sits...and sits...and sits while the clock ticks...and ticks...and ticks.

QUESTIONS FOR DISCUSSION

1. What do you think of when you hear the word sloth?
2. How is sloth different than being lazy?
3. How is sloth different than taking a break or relaxing?
4. Sloth is more than laziness. It encompasses boredom, laziness and acedia.
 - a. Boredom: Emptiness of soul or lack of passion
 - b. Laziness: The idleness of one who is not inclined to exert himself
 - c. Acedia: Sadness that comes from our unwillingness to tackle the difficulties involved in attaining something good
5. Can you be over-booked and running like crazy and still be guilty of sloth? What might be an example of that? (Here's a good article about sloth in our culture: <http://www.catholic.com/magazine/articles/the-sin-of-sloth>)
6. Why would sloth be considered a capital sin? What other sins might come from sloth?
7. How can you identify sloth in your life?
8. How can you combat it?

RELATED SCRIPTURE PASSAGES:

Sloth:

Proverbs 13:4; 15:19; 21:25-26;

Romans 12:11;

Philippians 4:13;

1 Thessalonians 5:1-28